

## CLINICAL "SNIPPETS"

### **Comparison of chest compression kinematics associated with over-the-head and standard cardiopulmonary resuscitation.**

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**Overview:** Over-the-head cardiopulmonary resuscitation (O-CPR) is a method of chest compression, which may be easier to perform than standard CPR (S-CPR) in a confined space.

**Conclusion:** There were no differences between the kinematics, compression forces, depths, and frequencies obtained using the O-CPR and S-CPR methods as practiced by experienced providers.