

CLINICAL "SNIPPETS"

Education in cardiopulmonary resuscitation in Sweden and its clinical consequences.

Strömsöe A, Andersson B, Ekström L, Herlitz J, Axelsson A, Göransson KE, Svensson L, Holmberg S.

School of Health and Social Sciences, University of Dalarna, Sweden
Institute of Internal Medicine, Department of Metabolism and Cardiovascular Research, Sahlgrenska University Hospital, Göteborg, Sweden.

Resuscitation. 2009 Nov 16.

Overview: Information was gathered to describe the use of cardiopulmonary resuscitation (CPR) training programmes in Sweden for 25 years and relate those to changes in the percentage of patients with out of hospital cardiac arrest (OHCA) who receive bystander CPR.

Conclusion: By using a cascade principle for CPR education nearly 2 million rescuers were educated in Sweden (9 million inhabitants) between 1989 and 2007. This resulted in a marked increase in bystander CPR attempts.