

CLINICAL "SNIPPETS"

Metronome improves compression and ventilation rates during CPR on a manikin in a randomized trial.

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Overview: A prospective, randomized, parallel design study involving 34 pairs of paid firefighter/emergency medical technicians (EMTs) performing two-rescuer CPR using a Laerdal SkillReporter Resusci Anne manikin with and without metronome guidance was performed.

Conclusions: A unique combination tock and voice prompting metronome was effective at directing correct chest compression and ventilation rates both before and after intubation.