

## CLINICAL "SNIPPETS"

### **Cardiopulmonary resuscitation training for family members.**

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Private Practice Cardiology Clinic in Austin, Texas, USA.

Dimens Crit Care Nurs. 2009 Jul-Aug;28(4):156-63

**Comment:** Out-of-hospital sudden cardiac arrest survival rate is significantly higher when the patient receives cardiopulmonary resuscitation (CPR) before the arrival of emergency providers although published data suggest a significantly lower prevalence of CPR training among cardiac patients' family members and bystanders in the United States. This article presents information including attitudes of patients, family members, and the general population toward CPR; the barriers for CPR training among the public; and the most effective method of CPR training for bystanders, so that CPR training for family members can be promoted to improve out-of-hospital sudden cardiac arrest survival rate.