

CLINICAL "SNIPPETS"

Efficacy of chest compression-only BLS CPR in the presence of an occluded airway.

Kern KB, Hilwig RW, Berg RA, Ewy GA.

Resuscitation, 1998 Dec;39(3):179-88

Overview: This study examined the effect of chest compression-only CPR under the worst possible circumstances where the airway was totally occluded.

Conclusion: Chest compression-only CPR, even with a totally occluded airway, is as good as standard CPR for successful outcome following 6.5 min of cardiac arrest. Such a strategy for the first minutes of cardiac arrest, particularly before professional help arrives, has several advantages including increased acceptability to the lay public.